

"NUTRITION AND HEALTH: FROM MEDITERRANEAN TO PLANETERRANEAN DIET"



26 March 2025



Spaak 1A2



10:00 - 13:00

PROGRAM OF THE EVENT

Opening:

- Co-Hosts: MEP Alberico Gambino & MEP Carlo Fidanza** (Head of Delegation of FdI - ECR Group)
- MEP Antonella Sberna** (Vice President of European Parliament)
- MEP Nicola Procaccini** (Co-Chair ECR Group)
- MEP Pietro Fiocchi** (Vice President of ENVI Commission)

Scientific Session:

- Prof. Annamaria COLAO** (UNESCO Chair Naples): "Health Benefits of Mediterranean Diet"
 - Dr. Vincenzo Costigliola** (President of the European Medical Association, EMA)
 - Prof. Antonia Trichopoulou** (Yale School of Public Health & Academy of Athens)
"The Need for Supporting Mediterranean Diet Recognized Claims and New Challenges in the EU Regulatory Framework"
 - **Prof. Claudia Vetrani** (Pegaso University, Naples, Italy) "From Mediterranean to Planeterranean Diet"
 - Prof. Prisco Piscitelli** (Italian Society of Environmental Medicine, SIMA) "Med-Index food labelling system: measuring healthy and sustainable dimensions of foods"
 - Dr. Pasquale Antonio Riccio** (Representative of NGOs at W.H.O. and United Nations)
"Guarantying Healthy Food for all"
- AGE-IT Sub-Session
- Prof. Guido Iaccarino** (University of Naples Federico II) "Physical Activity within Mediterranean Diet"
 - Prof. Maddalena Illario** (EU Innovation Partnership on Active and Healthy Ageing)
"Healthy Nutrition for an Active and Healthy Ageing"

Participants will have the opportunity to engage in a Q&A session

Conclusions: MEP Alberico Gambino & Prof. Annamaria Colao