EHES
Measuring the Health of Europeans

Current status of EHES-Greece

The manual of the Greek HES

Androniki Naska

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Athens

OUTLINE

1. Introduction to the Greek pilot HES *by Valentini Konstantinidou*

2. Sampling procedures *by Philippos Orfanos*

3. Inviting the participants *by Ioulia Goufa*

4. Procedures at the examination sites: questionnaire *by Elisavet Valanou*

5. Procedures at the examination sites: examinations *by Dimosthenis Zilis*

6. Data management and security issues *by Pericles Karathanasis*

7. The manual of the Greek HES *by Androniki Naska*

Part A: Planning and preparation of the Greek HES

- ✓ To describe procedures related to the undertaking of a full-size HES in Greece, covering a representative sample of the adult population
- ✓ Based on: (a) Tolonen H, Koponen P, Aromaa A, et al. *Recommendations for Organizing a Standardized European Health Examination Survey* B22/2008, Publication of the National Public Health Institute, Helsinki 2008 and (b) guidelines available at the EHES website
- ✓ Feedback after exploratory visits to the potential examination sites (downtown Athens and in the city surroundings)
- ✓ The result of a collaborative effort of several HHF team members. Contribution from the Hellenic Statistical Authority in chapters related to survey sampling

Planning and preparation of the Greek HES

1 Aim and objectives of the survey

2 Organization and management

3 Timing of the survey

4 Target population

5 Sample size

6 Sampling procedures

7 Legal and ethical issues

8 Measurements

9 Fieldwork arrangements

10 National HES laboratory

11 Preparing the survey budget

12 Training program

13 Recruitment of participants

14 Communication plan

15 Quality control

16 Survey evaluation

Pending issues of the manual

1. Confirm calculations of participation rates (Table 13.1)
2. Update the description of incentives to motivate participation
3. Replace examples of invitation letter and informed consent
4. Typos and editorial corrections
5. Align chapters on data exporting procedures to practice
6. Decide on the age range of the target population
7. Blood glucose levels? Or glucated hemoglobin levels? Or both?