

ΑΚΑΔΗΜΙΑ



ΑΘΗΝΩΝ



EVENT

“Delphi School 2026”

22 May 2026

16.00 - 19.00

Eastern Hall, Academy of Athens

A.

Report from the participation of Athens Academy and Harvard School of Public Health in The Delphi Forum XI - Delphi School 2026: From Science To Policy.

16.00 - 16.10 *Introduction*

Antonia Trichopoulou, Academician

16.10 - 16.25 *Nuclear Power Energy*

Petros Koutrakis, Akira Yamaguchi Professor of Environmental Health and Human Habitation (via remote connection)

16.25 - 16.30 *Discussion*

16.30 - 16.45 *Climate Change and Environmental Factors related to Health and Aging*

Klea Katsouyanni, Professor of Public Health, Imperial College London (via remote connection)

16.45 - 16.50 *Discussion*

16.50 - 17.05 *Fish Farming & Aquaculture*

Petros Koutrakis, Akira Yamaguchi Professor of Environmental Health and Human Habitation (via remote connection)

17.05 - 17.10 *Discussion*

17.10 - 17.25 *Healthy Aging-Diet and Physical Activity*

Walter Willett, Professor of Epidemiology and Nutrition, Harvard T.H. Chan School of Public Health, Harvard University (via remote connection)

17.25 - 17.30 *Discussion*

17.30 - 18.00 *Break*

B.

Challenges in Local Food Production: The Case of Messinia
Based on presentations at the 4th Messinia Forum

18:00 – 19:00

Moderator: Angelos Rentoulas, Director of Gastronomy Publications, Kathimerini

Dietary Tradition in Our Daily Lives

Antonia Trichopoulou, Academician

The Role of Local Traditional Plant Varieties in the Nutrition, Gastronomy, and Rural Economy of Messinia

Anastasios Kotsiras, Professor, University of the Peloponnese

From Farm to Table: Local Products and Traditional Recipes in Modern Dining

Lefteris Lazarou, Chef, Owner of "Varoulko" Restaurant