IN ASSOCIATION WITH KATHIMERINI NEWSPAPER

Call for Expressions of Interest
Delphi School 2026
From Science to Policy: Healthy Aging

The Delphi School 2026 is an interdisciplinary educational initiative jointly organized by the Academy of Athens Center for Public Health Research and Education (CPHRE), the Harvard T.H. Chan School of Public Health, and the Delphi Economic Forum (DEF) in association with Kathimerini Newspaper.

The program focuses on the critical interconnections between public health, climate change and food systems, with a particular emphasis on Healthy Aging. It is designed for policy makers, senior executives and professionals who are involved in decision-making processes and require concise, evidence-based and actionable knowledge.

Program Overview

Thematic focus on health, climate change, food systems and policy-making
Lectures, workshops and interactive sessions
Delivered by internationally recognized experts

Selection Criteria

The number of selected attendees will be limited.

The final attendees **will be selected** based on:

- Relevance of professional or academic background
- Role in policy-making, leadership, or strategic decision processes
- Diversity of sectors and geographic representation
- Quality of the Expression of Interest

Expression of Interest

Submission form link:
https://forms.cloud.microsoft/pages/responsepage.aspx?id=rR63PiX19UqdCxR7_9YfDLmI3XuSfDZBrc3mSGtdSrVUNldNT0hYV05TMkFINDFVWk8xNEE3MURGVy4u&route=shorturl

Deadline: **9 April 2026**

Interested candidates are invited to submit an Expression of Interest, including:

- a short CV
- a brief expression of interest statement (up to 300 words) outlining background, interest, and relevance

Fees

a) 150€	Covers access to one standalone session (at Ianthi venue-Amalia Hotel), coffee break, and conference materials. **Note: This option does not include accommodation.**
b) 300€	Covers access to two standalone session (at Ianthi hall-Amalia Hotel), coffee break, and conference materials. **Note: This option does not include accommodation.**
c)450€	Covers access to three standalone session (at Ianthi hall-Amalia Hotel), coffee break, and conference materials. **Note: This option does not include accommodation**.
d) 600€	Covering access to all sessions (at Ianthi venue-Amalia Hotel), 1 lunch per day, coffee breaks and conference material. **Note: This option does not include accommodation.**
e) **850€**	Covering access to all sessions (at Ianthi hall-Amalia Hotel), 1 lunch per day, coffee breaks, conference material and 1 night of accommodation (20 April at the Guesthouse of the European Cultural Centre of Delphi). Accomodation assigned by application order. **Note: This fee includes everything but the travel cost to Delphi and vice versa.**
f) **1000€**	Covering access to all sessions (at Ianthi hall-Amalia Hotel), 1 lunch per day, coffee breaks, conference material, and 2 nights of accommodation (19 & 20 April at the Guesthouse of the European Cultural Centre of Delphi (check-out at 21 April until 11:00 am). Accommodation assigned by application order. **Note: This fee includes everything but the travel cost to Delphi and vice versa.**

Program of the Delphi School 2026

Follows on the next pages

Delphi School 2026
From Science to Policy: Health Ageing

Monday, 20 April 2025 – Tuesday, 21 April 2025
Ianthi Hall, Amalia Hotel, Delphi

AGENDA

Monday, 20 April 2026

Introductory session

9:00-9:10 | Professor Trichopoulou Antonia - *Greetings*

9:10-9:20 | Professor Nadeau Kari - *Introductory statement (pre-recorded video)*

9:20-9:30 | Dr. Fotiou Stefanos - *Sustainability as a policy choice: when science meets governance*

Session 1
Nuclear Power Energy: Prospects, Challenges, and Health Effects

Coordinator: Professor Koutrakis Petros

09:30 – 09:55 | Professor Koutrakis Petros - ***Nuclear Power and Human Health***
09:55 – 10:05 | Discussion

10:05 – 10:25 | Dr Laskaris George - ***Nuclear Energy in the Maritime Sector and the Role of Greece*** *(remotely)*
10:25 – 10:35 |Discussion

10:35 – 10:55 | Dr Platias Athanasios - ***Nuclear Renaissance: prospects and challenges***
10:55 – 11:05 | Discussion

10:05 – 11:20 | Networking Break

11:20 – 11:40 | Dr Vlassopoulos Efstathios – *(Title pending)*
12:00 – 12:10 | Discussion

11:50-12:10 | Dr Romm Joseph - ***Nuclear Power Economics*** *(remotely)*
12:10-12:20 | Discussion

12:10 – 12:30 | General Discussion & Closing

12:30 – 14:00 | Midday Break

Session 2
Climate change and environmental factors related to health and ageing

Coordinator: Professor Katsouyanni Klea

14:00 – 14:20 | Professor Katsouyanni Klea - ***Extreme heat and heat-wave related effects on health***

14:20 – 14:30 | Discussion

14:30 – 14:50 | Dr Evangelopoulos Dimitris - ***Synergies and mediation of extreme heat and air pollution exposure on health and health co-benefits of related policies***

14:50 – 15:00| Discussion

15:00 – 15:20 | Professor Papadopoulos Nikos - ***Climate Crisis, Microbiome, Allergy & Asthma***

15:20 – 15:30 |Discussion

15:30 – 15:45 | Networking Break

15:45 – 16:05 | Professor Kogevinas Manolis - ***Climate Change research and Policy priorities with a focus in Europe***

16:05 – 16:15 | Discussion

16:15 – 16:35 | Professor Demokritou Philippos - ***Forest Fires and Climate Change***

16:35 – 16:45 | Discussion

16:45 – 17:05 | Dr Alahmad Barrak - ***Climate change and occupational health***

17:05 – 17:15 | Discussion

17:15 – 17:45 | General Discussion & Closing

17:45 | End of Session

Tuesday, 21 April 2026

Session 3
Fish Farming & Aquaculture: Prospects, Impacts, and Controversies

Coordinator: Professor Koutrakis Petros

09:30 – 10:00 | Dr Hayek Matthew - ***Risks of expanding inshore and offshore aquaculture***

10:00 – 10:10 | Discussion

10:10 – 10:35 | Dr Rowlands Gwilym - ***Managing Trade-Offs Between Seagrass Meadows and Aquaculture***

10:35 – 10:45 |Discussion

10:45 – 11:00 | Networking Break

11:00 – 11:25 | Professor Karakasis Ioannis - ***Environmental interactions of Aquaculture in the Mediterranean***

11:25 – 11:35 |Discussion

11:35 – 12:00 | Dr Aikaterini Lytra – *(Title pending)*

12:00 – 12:10 | Discussion

12:10 – 12:30 | General Discussion & Closing

12:30 – 14:00 | Midday Break

Session 4

Healthy Ageing – Diet and physical activity

Coordinator: Professor W. Willett

14:00 – 14:35 | Professor Biskhoff-Ferrari Heike - ***Definitions, Current Evidence, and the Role of Physical Activity*** *(pre-recorded video)*

14:35 – 14:45 |Discussion

14:45 – 15:20 | Professor Skarmeas Nick - ***Lifestyle in Cognitive Aging***

15:20 – 15:30 | Discussion

15:30 – 15:45 | Networking Break

15:45 – 16:20 | Professor Yannakoulia Mary - ***Diet in Cognitive Aging***

16:20 – 16:30|Discussion

16:30 – 17:05 | Professor Willett Walter - ***Healthy Aging: An introduction and Epidemiologic Perspective***

17:05 – 17:15 | Discussion

17:15 – 17:45 | General Discussion & Closing

17:45 | End of Session

LIST OF COORDINATORS AND SPEAKERS	
NAME	**AFFILIATION**
Prof Trichopoulou Antonia	Member of the Athens Academy Head Center for Public Health Research and Education (CEPHRE), Academy of Athens
Prof Kari C. Nadeau	John Rock Professor of Climate and Population Studies, Chair, Department of Environmental Health, Interim Director, Center for Climate, Health, and the Global Environment, Harvard T.H. Chan School of Public Health, Division of Allergy and Inflammation, Beth Israel Deaconess Medical Center, Harvard Medical Faculty Physicians, USA
Dr Fotiou Stefanos	Director, Office of Sustainable Development Goals at the Food and Agriculture Organization of the United Nations (FAO) & Director of the UN Food Systems Coordination Hub
Prof Koutrakis Petros	Professor of Environmental Health, T.H. Chan School of Public Health, Harvard University,
Dr Laskaris George	President, Deon Institution
Dr Platias Athanasios	Professor Emeritus of Strategy, University of Pireaus
Dr Vlassopoulos Efstathios	Co-Founder, Athlos Energy, Nuclear Waste Management Expert
Dr Romm Joseph	Senior Research Fellow, Penn Center for Science, Sustainability and the Media (PCSSM), University of Pennsylvania
Prof Katsouyanni Klea	Professor of Public Health, Imperial College London
Dr Evangelopoulos Dimitris	Postdoctoral Fellow, Imperial College London
Prof Papadopoulos Nikos	Professor of Allergy and Pediatric Allergy, National and Kapodistrian University of Athens
Pr Kogevinas Manolis	Professor, ISGlobal, Barcelona, Spain
Prof Demokritou Philippos	Henry Rutgers chair and Professor of Nanoscience and Environmental Bioengineering , Rutgers Biomedical Health Sciences Rutgers University
Dr Alahmad Barrak	Research Fellow, Department of Environmental Health, Harvard School of Public Health
Dr Hayek Matthew	Associate Professor of Environmental Studies, Department of Environmental Studies, New York University
Dr Rowlands Gwilym	Associate Professor in Marine Conservation and Management, University of Southampton
Prof. Karakasis Ioannis	Professor of Marine Biology, Department of Biology, University of Crete
Mrs Lytra Aikaterini	Senior Veterinarian & Aquaculture Production Specialist, Scientific Associate at Hellenic Aquaculture Producers Organization (HAPO)
Prof Biskhoff - Ferrari Heike	Chair, Department of Geriatrics and Aging Research, University Hospital Zurich and University of Zurich
Prof Skarmeas Nick	Professor of Neurology, Medical School, National and Kapodistrian University of Athens Associate Professor of Neurology, Columbia university Irving Medical Center
Prof Yannakoulia Mary	Professor of Nutrition and Dietary Behavior, School of Health Science and Education, Harokopio University of Athens
Prof Willett Walter	Professor of Epidemiology and Nutrition, Harvard T.H. Chan School of Public Health, Harvard University