WEDNESDAY, SEPTEMBER 22, 2021

CHINA AND ITALY

Event in partnership with UNESCO Chair on Health Education and Sustainable Development

SYMPOSIUM
"HEALTH BENEFITS OF MEDITERRANEAN DIET and CHINESE NUTRITIONAL HABITS"

Opening Remarks: Prof. Annamaria Colao, UNESCO Chair on Health Education and Sustainable Development & President of the Italian Society of Endocrinology
Moderator: Prisco Piscitelli MD PhD, Chair (10 min)

KEYNOTE LECTURE: "Mediterranean Diet and Health Benefits: Updated Scientific Evidence"
Prof. Antonia Trichopoulou, Hellenic Health Foundation, Athens (30 min)

KEYNOTE SPEECH: "How Mediterranean Diet influences human metabolism"
Dr. Giovanna Muscogiuri, University of Naples Federico II (25 min)

KEYNOTE SPEECH: "The Health Wisdom in Chinese diet"
Dr. Chaoming Weng, Dept. of Life Sciences, Bejing Univeristy of Chinese Medicine (25 min)

KEYNOTE SPEECH "Social and Cultural Determinants of Chinese Nutritional Habits"
Prof. Shen Chen, Chinese Academy of Social Sciences (25 min)

KEYNOTE SPEECH "Circular Bioeconomy and Sustainable Food Production"
Prof. Annalisa Santucci, University of Siena, Italy (25 minutes)

Q&A (30 min)

Closing Remarks. Prof. Antonia Trichopoulou & Prisco Piscitelli (10 min)

FRIDAY, SEPTEMBER 24, 2021

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ROUND TABLE
"WHAT WE CAN LEARN FROM TRADITIONAL CHINESE MEDICINE?"
Opening Remarks/Moderator: Prisco Piscitelli MD PhD – Chair (10 min)

"The Art of Traditional Chinese Medicine"
Prof. Anlong Xu, Dean of Bejing University of Chinese Medicine (30 min)

"The Theory and Practice of Chinese Traditional Medicine in keeping Harmony between Human and Nature"
Dr. Chaoming Weng, Dept. of Life Sciences, Bejing Univeristy of Chinese Medicine (30 min)

"Universal Principles of Toxicology and Pharmacology"
Alberto Ritieni, University of Naples Federico II (30 min)

"Pharmaceutical Applications of Chinese Traditional Medicine: what opportunites?"
Nicholas Ainslie, LSA and GT Research, California, USA (30 min)

Q&A (30 min)

Closing Remarks. Prof. Annamaria Colao, UNESCO Chair on Health Education and Sustainable Development & President of the Italian Society of Endocrinology (10 min)